New Advisor First Year Development Checklist

New advisors need to absorb a great deal of new information in their first year as advisors. The *New Advisor First Year Development Checklist* provides new advisors a roadmap to follow for improving their advising knowledge and skills.

The New Advisor First Year Development Checklist includes three sections:

- The informational section includes information about majors, minors, policies and procedures, resources, and technology used by advisors. An advisor uses informational components to answer the question, "What do I need to know to advise?"
- 2. The *Relational* section includes the communication skills necessary to work effectively with students, faculty, and peers.
- 3. The conceptual framework section provides the context within the University in which its advisors work. In this section advisors will answer questions such as: What is the advising mission at the University? What are the ethical and legal responsibilities of an advisor?

While academic advisors synthesize the informational, relational, and conceptual components of advising as they work with students, their development as advisors does not necessarily advance at the same pace. By using the *New Advisor First Year Development Checklist* new advisors can measure their progress as they manage their professional development.

New advisors should work on each section of the checklist at their own pace over the first year of their advising experience. From each section, choose an element in which you want to do better at or you would like to know more about.

Over your first year as an advisor, as you check off an element from each section, pick another element and begin again. Do not try to accomplish every goal simultaneously. Steady progress is desired – just try to be a better advisor today than you were yesterday.

The above text and the New Advisor Development Checklist has been adapted by David Freitag from Setting the Stage: Growth Through Year One and Beyond – the New Advisor Development Chart, Pat Folsom, in The New Advisor Guidebook: Mastering the Art of Advising Through the First Year and Beyond, NACADA Monograph Series Number 16, 2007, pp. 13-21.

Informational: Knowledge of the University

Policies, regulations, procedures, and deadlines	Knows or knows where to find and explain to student basic (most important, used, likely to impact student)	☐ Can find college policies and procedures
	institutional policies, regulations, and procedures as well as is able to show or tell students about	☐ Can find policies about dropping a class
	important deadlines.	☐ Can find academic calendar dates
Major, minor, and certificate program requirements	Knows or knows where to find the requirements for the majors and programs for which one has advising	☐ Can find major requirements
	responsibility. Is able to outline requirements and course sequences to students (with resources	☐ Can read APRR and explain to students
	visible). Seeks information from appropriate faculty	Can describe requirements and course sequence
	and staff for exceptions or unusual course sequencing.	Can read Program Evaluation and explain to student
General Education (GE)	Understands rationale for GE and is able to explain to students. Knows or knows where to find GE	☐ Understands General Education program
	categories and is able to outline and explain to students (with resources visible). Knows or knows	☐ Can find General Education requirements
	where to find list of courses that satisfy GE. Has course description	☐ Can describe GE requirements to students
	knowledge of GE classes.	☐ Can find a list of General Education classes
Courses	Has general knowledge (course descriptions) about courses in majors and programs for which one has	☐ Understands course descriptions of their area of
	advising responsibility. Knows where to find course	responsibility
	descriptions for GE classes and elective courses. Knows or knows how to find prerequisites (courses,	☐ Can find course descriptions of GE classes
	placement scores, year in school) for courses in programs and is able to help students plan	☐ Can find prerequisites
	subsequent semesters.	Can help students plan subsequent semesters
University Resources: Counseling, Disability services, Student	Knows or knows where to find referral and contact information about campus offices. Is able to explain	☐ Can find referral information for student
Success Center, Academic Advising Center, Career Center, student	(with information visible) service that is relevant to the student. Is able to locate office on a campus map	☐ Can explain services
organizations, student health, services for specific student populations.	for the student.	☐ Can help student find the referral location on map

Informational: Knowledge of Tools and Resources at the University

General catalog and other university,	Is sufficiently familiar with printed and	
college, or departmental publications,	electronic resources relevant to one's position	☐ Can find General Catalog information online
handouts, and Web sites	so can use them efficiently in student	
·	conferences (i.e. locate the resource quickly and	☐ Can find important college websites quickly
	a have frequently used materials bookmarked).	
Advising technology: email, student	Learns and is able to use basic functions in	
information systems, and degree	advising technology, such as electronic	☐ Can use Mapworks
audits	transactions necessary to obtain necessary	☐ Can use email
	information about students (grades, ACT scores,	
	current registration) and university resources,	☐ Can use Beeline
	conduct student conferences, maintain student	
	caseload and files, make referrals, and exchange	☐ Maintains an effective organizational system
	information with colleagues.	
Advising tools: checklists, handouts,	Is able to locate and distribute handouts to	☐ Has handouts for students
and degree audits	students as appropriate. Uses office handouts	
	(e.g. checklists for specific types of student	
	appointments) in advising situations.	
Organizational system	Develops initial, rudimentary system for	☐ Has developed student database for personal notes
	organizing information in a way that allows	
	advisor to retrieve information efficiently when	☐ Has created internet shortcuts for frequently used
	working with students via phone, email, or in	websites
	person.	
Advising Center	Is aware of the Academic Advising Center and	☐ Is familiar with available information on the Blackboard
	the Blackboard site.	site for Academic Advising
		☐ Has completed the course for New Advisors
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Relational: The Art of Advising

Self-knowledge	Recognizes variety of advising styles among other advisors. Gains insights into personal advising style and own advising voice. May try various approaches to find a good fit for personal style. Identifies and gains insight into personal cultural assumptions.	 □ Recognizes advising styles of others □ Recognizes own advising style □ Tries various approaches □ Understands personal cultural assumptions
Welcoming and supporting atmosphere	Sets students at ease. Verbal and nonverbal behavior communicates warmth and support. Greets students warmly. Focuses on and shows interest in student as	☐ Sets students at ease ☐ Greets students warmly
	an individual. Maintains eye contact. Uses active listening skills.	☐ Maintains eye contact, and uses active listening skills
Student conferences	Is learning to guide a conference effectively and ensures student questions are addressed while	☐ Guides conferences effectively
	covering topics and information student needs. Stays within time parameters most of the time. Establishes expectations for students to meet (e.g. making and keeping appointments).	☐ Stays within time parameters ☐ Establishes expectations for students
Effective referrals	Is usually able to match student with appropriate referral and provide standard information (i.e. gained via printed resources and websites) to student about referral resource. Seeks information and asks for help to ensure effective match of student and referral.	 ☐ Knows about common referral services on campus ☐ Has created internet shortcuts to common referral services ☐ Can match student to appropriate referral service
Interviewing and communication skills: questioning techniques and active listening	Begins to build a repertoire of questions that will solicit solid information from students. Practices active listening.	☐ Has prepared a repertoire of questions ☐ Practices active listening
Decision-making strategies	Begins to build strategies for helping students make good decisions (e.g. delineating pros and cons)	☐ Can help students make good decisions
Documentation of advising sessions	Meets minimal office documentation standards. Begins to develop enhancements to documentation.	☐ Documents advising sessions appropriately
Difficult students and student situations	Recognizes when expertise is challenged and asks for help with problem students and unusual or exceptional student situations.	☐ Asks for help when needed

Conceptual Framework

Role of advising center in the institution	Reads, discusses, and understands CAS standards and NACADA concepts of advising and	☐ Read CAS Standards for Academic Advising
	Statement of Core Values of Academic Advising	☐ Read NACADA concepts of advising
		☐ Read NACADA Statement of Core Values
Family Educational Rights and Privacy Act (FERPA)	Is trained on and has basic understanding of FERPA. Asks for clarification if in any doubt	☐ Has gone through FERPA training
	about specific situations.	\square Asks for clarification when necessary
		☐ Understands legal issues related to advising
Advising Philosophy and Syllabus	Has a written personal philosophy of academic advising. Has considered multiple theories and	☐ Has a personal philosophy of academic advising
	approaches of academic advising.	☐ Understands ethical issues related to advising
		$\hfill\square$ Has started developing an academic advising syllabus